

## I'm Turning Green!

The other day I was watching TV (gasp!) with my preschooler, and Caillou or Barney, or someone under 4 feet tall was talking about recycling. They were displaying the triangular recycling symbol prominently and I thought to myself (not for the first time) that TV is actually *not all bad* for kids. In fact, my child learned the word "recycling" that day last week. Since then, she knows what I'm talking about when I ask her to put the carton or the plastic in the recycling bags. This is important in my family, and if you have even an ounce of social responsibility in you, it's important to you too.



Many resources are available to help teach your kids "green". Christine Koh of Boston Mamas recently guest blogged here about [teaching green to preschoolers](#). And recently, I received a wonderful book by [The Little Environmentalists](#) entitled [I'm Turning Green](#).

Written in an easy to understand style, *I'm Turning Green* is the story of a little girl who turns green from head to toes when she uses her body to do something positive for the environment. For example, when she turns off the water while brushing her teeth, her hands turn green. When she brings reusable cloth bags to pack her groceries in, her hair turns green. The short story introduces young children to words like compost, organic, and environment, and entertains as well. It would be simple to convert the lessons in the story to real-life activities.

A follow-up to [The Little Environmentalists](#) first book, [Nature Discovery in my Backyard](#), this brightly illustrated story is available for \$7.95 [here](#).